



**Dr. Thomas Ahlering**

## Patient Satisfaction and Dedicated Patient-Care Experts

| Dr. Thomas Ahlering             |      |     | All Respondents                |                               |                              |
|---------------------------------|------|-----|--------------------------------|-------------------------------|------------------------------|
|                                 | %    | N   | All Site<br>Rank<br>(N=17,995) | UHC Site<br>Rank<br>(N=1,972) | CA Site<br>Rank<br>(N=1,073) |
| <b>Recommends<br/>Clinician</b> | 98.6 | 309 | 97th                           | 98th                          | 99th                         |
| <b>Recommends<br/>Practice</b>  | 97.7 | 315 | 92th                           | 91th                          | 96th                         |

# UC IRVINE CLINICAL OUTCOMES POST-RARP

Dr. Thomas Ahlering

## Our Patient Advocates



Lydia Cruz-Reyes



Anna Rodriguez

- In March 2018, Dr. Ahlering and his team were recognized as the top patient care providers at UC Irvine, with the highest patient satisfaction ratings for the last eight in a row.
- **99th percentile** in California
- **98th percentile** in all UHC hospitals
- **97th percentile** in all 17,995 hospitals surveyed

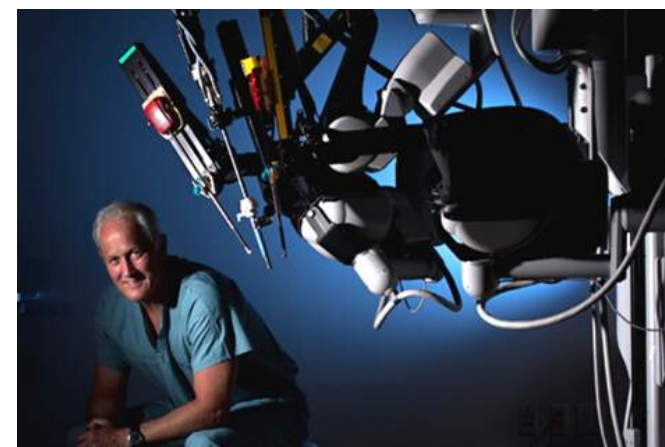
Lydia Cruz-Reyes  
Anna Rodriguez  
Linda My Huynh  
Catherine Fung

## CONTACT OUR OFFICE

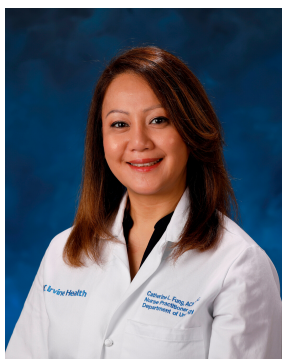
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Linda My Huynh

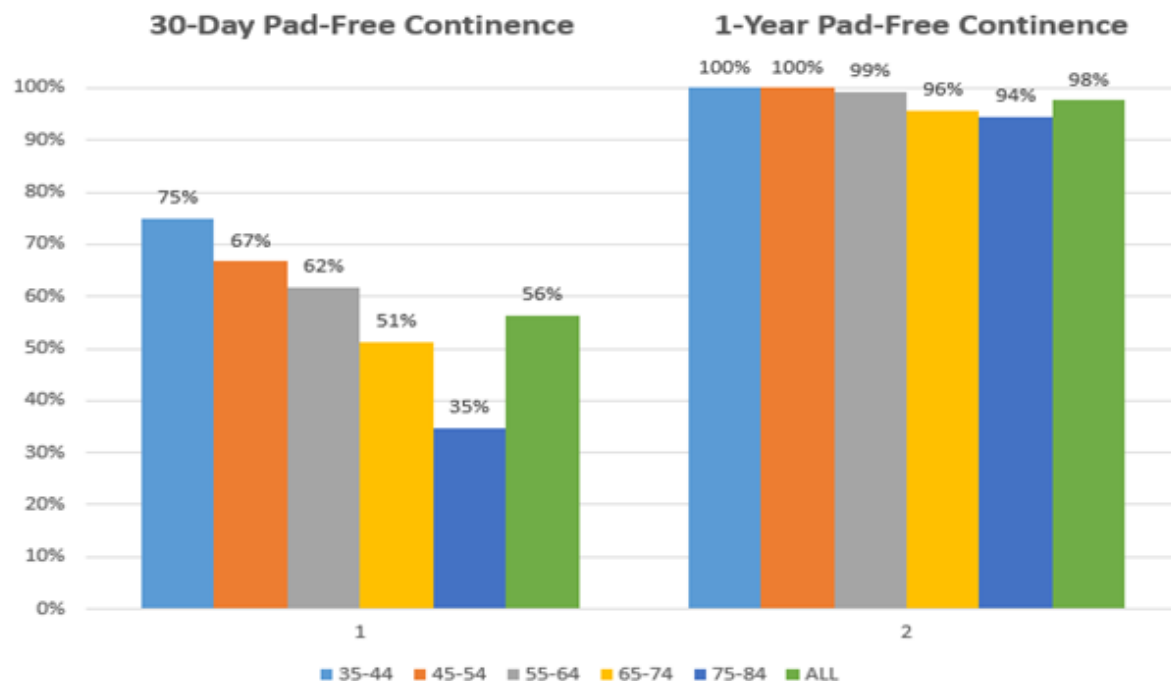


Catherine Fung

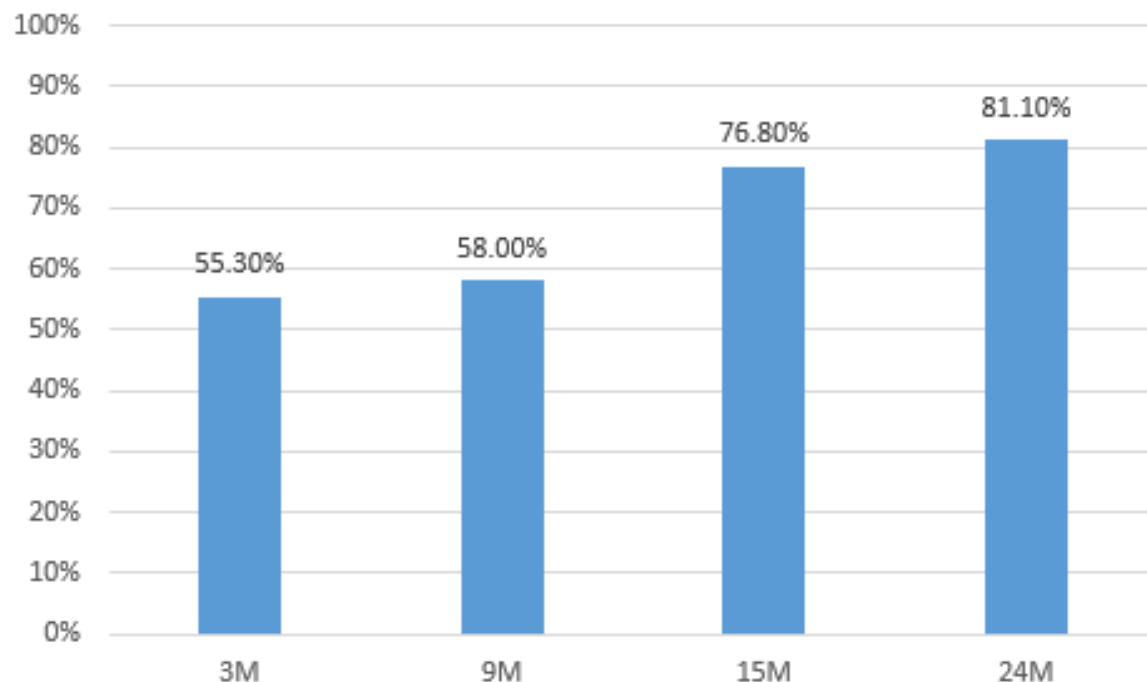


**UC Irvine Health**  
Department of Urology

## 30-Day Continence Recovery and Overall Continence at 1 year



## Sexual Function Recovery, with normal pre-operative SHIM



## Recovery of Continence & Sexual Function

- 98% recover continence by 1 year
- 81% recover sexual function by 2 years

## UC Irvine Published Advantages for the Patient

- Low rates of PSA recurrence at five years post-operative
- 66% of men with moderate to severe urinary symptoms improve to mild with improved quality of life
- Improved urinary flow for most men, regardless of age

## Features of the Robot-Assisted Radical Prostatectomy

- High Volume Surgeon: Dr. Ahlering has personally done over 1,600 RARP cases
- 1 Day Hospital Stay: 99% of patients leave the hospital in one day
- Extremely Low Short and Long Term Complications: Infection Rates (~1%) with less pain
- Most return to work in 8-14 days