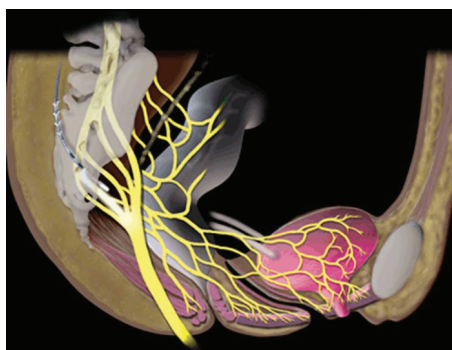


Urinary Incontinence: Treatment and Management



UC Irvine Health Center for Urological Care specializes in the treatment and management of complex urinary incontinence. Our world-renowned urologists have extensive knowledge and expertise in treating some of the most complicated incontinence cases. Our approach goes beyond treating with medication alone. We offer minimally invasive treatment to cure and bring relief to patients.

Our goal is to return patients to your practice.

UC Irvine Health urologists published one of the early US studies to show beneficial effects of InterStim® on dual incontinence (fecal and urinary), resulting in extensive experience with sacral neuro-modulation and InterStim implant. In fact, we have one of the largest studies to report low

infection rate in 120 females. We have also developed a unique technique to remove old implants with a greater than 90 percent success rate of total removal.

In addition to providing world-class care, we are dedicated to partnering with our colleagues in the community. You will have full access to a referral concierge who will facilitate every step of the referral process. We ensure that your patients are scheduled in a timely manner with the goal of returning patients to your practice upon completion of treatment.

Diagnostic options include:

- Modern fluorovideo urodynamic testing
- Neurophysiological testing, including bulbocavernosus latency measurement
- Anal monometry
- Perineal and vaginal ultrasound (female)

Neuromodulation treatment options:

- **InterStim**
InterStim therapy is a proven neuromodulation therapy that targets the communication problem between the brain and the nerves that control the bladder. It involves implanting an electronic bladder stimulator. This is a minimally invasive procedure done under local anesthetic and sedation in the operating room. Once implanted, the device is effective for five to seven years and only requires monitoring on an as-needed basis.

- **PTNS—percutaneous tibial nerve stimulation**

For those patients who cannot tolerate medications and do not want surgery, UC Irvine Health urologists offer PTNS. This procedure is conveniently done at an outpatient setting, requiring only a 30-minute treatment once per week. The procedure uses a small, slim needle electrode that is connected to a battery-powered stimulator.

- **Botox® injection**

Another outpatient procedure is botulinum toxin injections. The injection relieves the sense of urgency by preventing the nerves that control the bladder from communicating to the bladder muscle. This injection is the most minimally invasive of all treatment options, and lasts up to nine months.

If you have a complex urinary or incontinence patient and are not able to treat with medication alone, we can help. We will work with you and your team to treat and manage these patients.

To schedule an appointment, please call

714-292-9716

